# **Travel Information**

#### **China's Country Weather** Jul: 22°C ~ 31°C Jan: -8°C ~ 2°C Feb: -5°C ~ 6°C Aug: 21°C ~ 30°C Sep: 15°C ~ 26°C Mac: 1°C ~ 12°C Apr: 8°C ~ 21°C Oct: 8°C ~ 19°C May: 14°C ~ 27°C Nov: 0°C ~ 10°C Jun: 19°C ~ 30°C Dec: -6°C ~ 3°C Currency **Time Zone** Adapter RMB China (GMT+3) Exclusion Inclusion Optional Tour • All mentioned meals during the trip • Hotel accommodation (11 nights) • Own Expenses Ordered and pay according to own preference • Air-conditioned tour bus (about 30-60RMB per meal) • Entrance tickets to attractions • Market rate: each person is given CNY30 each • Tour guide per day to the driver and Chengdu-Lhasa (air ticket), Lhasa-Chengdu (train- soft tour guide according to the number of days, sleeper). • All application documents to enter Tibet (Tibet Visa) one-time payment, voluntary pay without force • Entrance tickets to the attraction listed in the itinerary • Regular license plate tourist car, equipped with cylinder oxygen (including driver accommodation, road and bridge fees, fuel fees, Everest vehicle entrance fees, free time at your own expense) • Stay in a four-star standard hotel throughout the itinerary, special remote place is providing with bed (Everest Base Camp) Breakfast is provided at the hotel. • Professional driver (including driver accommodation fee) • Excellent bilingual tour guide service (including tour guide accommodation fee) • Travel agency liability insurance, personal accident insurance • 2 Bottles of Mineral Water, 1 bottle of portable person and Hada Per Person





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DAY 01	Malaysia - Chengdu (Transfer to Hotel)		DAY 07	Lhasa - Yangdroyongcuo - Karora Gla
DAY	On this day, fly to Chengdu from all over the world, and the tour guide will warmly welcome your arrival. Chengdu - Nyingchi (Airport pick-up)			After breakfast, we will set off from Lhasa and cross meters to the world's highest freshwater lake [Yang
02	Today, depart from Chengdu and arrive at Nyingchi Milin Airport, and the staff will pick you up at the airport			the world, the blue lake is connected with the snow- feel refreshed. The car detoured Yangzhuo Yongci
	according to the flight arrival time to rest at Nyingchi Accommodation Hotel. In the afternoon, head to Mount Biri.			location of the movie "Red River Valley", and the gla to the anti-British hero town [Gyantse], an ancient
DAY	Nyingchi - Gala Peach Blossom Village - Sejila Mountain - Overlooking	Gala Peach Blossom Village		transportation fortress from Former Tibet to Hou Tibe far and visit the only 100,000 stupa [Baiju Temple
03	Nanga Bawa Peak - Bomi (B/-/-) Early departure from Nyingchi to [Gala Peach Blossom Village], home of the annual Peach Blossom			famous for its exquisite murals and carvings. Then stay overnight in Shigatse.
	Festival. Amid mountains and the Niyang River, enjoy peach blossoms against barley fields, snow peaks. Cross [Sejila Mountain] (4,702m), hang prayer flags, glimpse [Nanga Bawa Peak]. Pass iconic bridges,			
	reach Soton Village on Highway 318, with rapeseed and peach blossoms. Rest in Bomi, famed for "Peach Blossom Wonderland."	ABAA	DAY 08	Shigatse - Gaula Mountain - Rongbuk
DAY	Bomi - Bomi Taohuagou - Guxiang Lake - Lulang - Nyingchi			Drive to the base camp of Mount Everest in the mo arrive at [Kieger], you can overlook the majesty of
04	Bayi Town (B/-/-)			temple [Rongbuk Temple], which is the best ang Base Camp] and gaze at Mount Everest, the work
	Early rise to visit [Bomi Peach Blossom Gou], a China National Geographic-listed scenic gem in Tibet. Bomi's peach blossoms are more wild and beautiful compared to other parts of Nyingchi. Amidst			night, stay in the tent area of Everest Base Camp, w not seem to step out of the tent, enjoy the clear n Mount Everest is 5200 meters above sea level, hea
	crisscrossed mountains, pink blossoms adorn the landscape, including nearby villages and wheat fields. Leaving Taohuagou, journey towards Bayi Town in Nyingchi, passing the serene Guxiang Lake—a leisure	Sejila Mountain		this is normal, do not panic excessively, continue to of Mount Everest, symptoms will slowly ease.
	spot 33 kilometers from Bomi. Bid farewell to Guxiang Lake and head west to captivating "Lulang," known for its snow-covered forests and sea views from the [Lulang Forest Sea Observation Deck]. Immerse		DAY	Everest Base Camp - Gyatso La Pass
	yourself in [Lulang International Tourism Town], a blend of Tibetan architecture and nature's beauty. Enjoy Tibet's top national tourist resort. Spend the night in Bayi Town, Nyingchi.		09	The night before, whether you had a good night's
DAY	Nyingchi Bayi - Basung Tso - Lhasa (B/-/-)			welcome the dawn of Mount Everest, when the per has been draped in the gorgeous morning glow like
05	Today, we will travel to Lhasa, and the altitude will gradually rise. After breakfast, go to the most beautiful			from Mount Everest, it travels through the majestic over the Gaula Mountains at an altitude of 5,200
	red holy lake in eastern Tibet <b>[Basung Tso]</b> , which is like a crescent moon embedded in the mountains and valleys, the lake is crystal clear, the blue waves are magnificent, and the lake water is transparent and you			addition to Mount Everest (8848 above sea level), t Labujikang Peak (altitude 7367), Cho Aoyou Peak
	can see the swimming fish like weaving, full of fun. There is a red Nyingma temple on the island in the center of the lake that is more than 1,500 years old, surrounded by a dense and secluded forest surrounded by a			(altitude 8463), and the majestic Shishabangma P altitude of more than 8,000 meters in China.
	jade□like lake, and an ancient temple in the center of the lake brings Basung Tso into the reverie of history, and the background of the forest is two snow-capped mountains at an altitude of 5,500 meters, forming an	Guxiang Lake	DAY	Shigatse - Tashilhunpo Temple - Lhas
	extremely stunning beauty.		10	After breakfast, visit the [Tashilhunpo Monastery]
DAY 06	Lhasa: Potala Palace, Jokhang Temple, Barkhor Street (B/-/-)			and one of the six major temples of the Yellow Sec and was once the center of political rule in the Ho
00	In the morning, explore the world's highest ancient palace, [Potala Palace], a fortress-like complex where Dalai Lamas resided, holding political and religious authority in Tibet. Climbing 1080 steps might tire you,	States and the second		largest bronze Buddha statue "Qiangpa Buddha" Lhasa. Zhashenlunbu Temple, located in Sangzhu
	but the view over Lhasa is breathtaking, making fatigue fade.			China, is one of the main temples of the Gelug scho in Tibet. Founded in 1447 by the Fifth Dalai Lama, t school, as well as a center for lama education and
	Afternoon, discover the sacred [Jokhang Temple], cherished by Tibetan Buddhists. As the famous lama Nyima Tsering said, visiting Lhasa without the Jokhang is incomplete, a sentiment most travelers share.			number of cultural and artistic treasures, including t Monastery is also one of the important representation
	This temple showcases a blend of Tibetan, Tang, Nepalese, and Indian architecture, standing as a timeless example of Tibetan religious design.		DAY	Lhasa-Chengdu (Qinghai-Tibet Railwa
	Post-temple, stroll around, immersing yourself in Tibetan vibes. Roam the [Bajiao Street] market, bask in		11	After breakfast will go around city tour. In evening, t
-	the city's sunlit streets, or find tranquility in a sweet tea house, connecting with local traditions. Note: Potala Palace tickets are pre-purchased with time limits. Our itinerary adapts accordingly. Security	Lulang Forest Sea	DAY	Lhasa-Chengdu (Qinghai-Tibet Railwa
2	checks apply at the palace entrance, and no photography is allowed inside.		12	Enjoy the scenery along the way, including snow-ca
			DAY	Chengdu - Malaysia
-	and the second		13	After 36 hours of Qinghai-Tibet Railway you will arri
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## acier - Gyantse - Shigatse (B/-/-)

the **[Gombala Snow Mountain]** at an altitude of 4,900 **zhuo Yongcuo]**. Known as the most beautiful water in capped mountains in the distance, which makes people uo, passing the [Karora Glacier], which was once the cier on the side of the road is breathtaking. All the way city with a history of more than 600 years, and also a et. Overlooking the **[Zongshan Anti-British Site]** from **]** that integrates the three major sects of Tibet and is drive to Shigatse, the second largest city in Tibet, and

## - Everest Base Camp (B/-/-)

rning, pass **[Latse], [Dingri]** of Xieger, and when you Mount Everest, and then arrive at the world's highest e to look up to Mount Everest. Continue to **[Everest** d's highest peak at 8,848 meters above sea level. At then the night covers the earth, you are awake, you do noonlight and brilliant starry sky. • Intimate reminder: adaches often occur at night and it is difficult to sleep, slow down your steps, relax your mood, feel the beauty

#### Observation Deck - Shigatse (B/-/-)

sleep or tossed and turned, you must get up early to eaks are still sleeping in the dawn, and Mount Everest e a goddess costume. With the first rays of light rising provide the straight of t

# a (B/-/-)

I, the resting place of the soul of the Panchen Masters t, which is also the residence of the Panchen Dynasty uzang Heavy Land. The temple enshrines the world's (Maitreya Buddha) at 28 meters high. Then return to uzi District, Shigatse City, Tibet Autonomous Region, bool of Tibetan Buddhism and one of the largest temples the temple is one of the important temples of the Gelug Tibetan Buddhist scholarship. The temple has a large thangkas, Buddha statues, scriptures, etc. Tashilhunpo ves of Tibetan culture and art.

### ay) (B/-/-)

av)

oard to the world's highest railway to Chengdu.

oped mountains, lakes, and grasslands.









